

# TELL YOUR STORY



## OVERVIEW

Your story is critical.

How you show up today is grounded in experiences that have formed you. The same goes for your team. If we don't get to know each others' stories, we'll be missing huge stores of information. What drives your team? What fears do your team members have? What goes into their decision-making process? What energizes them?

Part of the challenge is that we often don't know how to tell our stories at work. We're not sure what's appropriate, or we're not sure what stories would be helpful.

This training teaches how to introduce relevant glimpses of the personal into the professional. Participants will learn to share stories that fit the audience, occasion, and time available. With in-training practice, participants will also learn to overcome common fears of public speaking.

When your whole team gets into the habit of telling their stories, mutual trust skyrockets. And when mutual trust skyrockets, so do results. Are you ready to unlock high levels of performance in your team?

